

Minimal Game

**The No-Nonsense
Guide to
Getting Girls**



Aaron Sleazy

Drawing from his vast experience with women, the world-renowned seducer **Aaron Sleazy** wrote *Minimal Game* for regular guys who want to get laid more often, and without having to rely too much on luck. This is a fairly modest goal, but it is a realistic one that is within reach for pretty much any man.

The knowledge in this book will enable you to have a stable sex life, so that lack of sex will cease to be a source of frustration for you. However, by revealing the key aspects of seduction, *Minimal Game* provides such a strong foundation that you will greatly benefit from it even if you are already getting a lot of women. In this case, you will learn how to become much more efficient, which will get you more girls in less time, and girls you have more in common with.

AaronSleazy.com



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Other books by Aaron Sleazy

Sleazy Stories

Debunking the Seduction Community

In German:

Schmierige Geschichten

Minimal Game

The No-Nonsense Guide to
Getting Girls

Aaron Sleazy

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<http://www.aaronsleazy.com>

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To E.J.

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Preface

Many books have been written on seduction in recent years, especially after the release of Neil Strauss's *The Game: Penetrating the Secret Society of Pickup Artists*. Unfortunately, not many of them are helpful. What struck me as particularly odd, when I was skimming these publications, was that seduction got overcomplicated to a ludicrous degree. For instance, if you open a book like *The Mystery Method: How To Get Beautiful Women Into Bed*, you will get the impression that finding a sexual partner was not something natural and primal, but instead required years of serious study as well as the attendance of workshops costing several thousand dollars, in which people of often doubtful levels of competence teach you a million bizarre ways to talk to girls. Fortunately, nothing could be further from the truth.

In the natural sciences a good theory is simple but nonetheless has a lot of explanatory value. Since there is no work on seduction available that fits such a description, I decided to write *Minimal Game*, which lays out an easy-to-follow roadmap to success with women. It is not a book about manipulative psychological tricks and lame pickup lines, and I will also spare you from treatises on evolutionary psychology. Instead, the book you are holding in your hands is chock-full of practical advice on how to build a lifestyle that will enable you to meet and seduce more women with relative ease.

Minimal Game is a manual that addresses a main concern of the typical male: not getting a lot of women, and not really knowing how

to change this situation. You may be one of those statistical averages who expect to have sex with only about a handful of women in their entire lifetime. A lack of sexual choice can be a burden, and it might be the only plausible explanation why some men settle for women they are hardly attracted to. Obviously, if you don't know how to get girls, you can only choose from the few that aggressively go after you, and those are not necessarily the most attractive ones around. You may be aware of those dreadful prospects and want to change your fate.

Instead of pretending to be able to turn you into a second Don Juan, I wrote this book mainly for guys who want to get laid more often, and without having to rely too much on luck. Admittedly, this is a comparably modest goal, but it is a realistic one that is within reach for pretty much any man. The knowledge in this book will enable you to have a somewhat stable sex life, so that lack of sex will cease to be a source of frustration for you.

However, by revealing the key aspects of seduction, *Minimal Game* provides such a strong foundation that you will greatly benefit from it even if you are already getting a lot of women. In this case, you will learn how to become much more efficient, which will get you more girls in less time, and girls you have more in common with.

If you see yourself in any of the previous descriptions, then *Minimal Game* is right for you. After reading through it, you will know how to get more sex with the least amount of effort possible, no matter in which environment you prefer to meet women. I'll also teach you how to smoothly transition sexual encounters into relationships, if this is what you desire. As an average guy, you now possess a one-stop solution for your problems. *Minimal Game* will reveal everything you need to know about achieving a fulfilling sex life or love life — and if you later on want to rack up the numbers, you will learn what to do, too.

Aaron Sleazy

Acknowledgments

My first book, *Sleazy Stories*, as well as the encounters with the fairer sex I have documented elsewhere on the Internet, have received a very positive reaction. My readers frequently noted that they taught them quite a bit about the nature of women. However, my stories take place within a particular scene that is not easily accessible, and of course I understand that not everyone wants to move to Berlin or London to squander his best years in the nightlife there.

Furthermore, many of my encounters were more motivated by my egotistic curiosity to figure out how quickly, under which circumstances, and in which surroundings I could hook up. It is of course also possible to meet women in much different contexts, and in more normal situations. I just don't find it exciting to write about it. However, I eventually realized that describing practical aspects of seduction in simple terms would be useful for many.

The earliest thought of writing *Minimal Game* came from an email by Juice Terry more than two years ago. After telling a friend about the amazing time he had in the nightclubs of Berlin, "the coolest city in the world," as he wrote, he heard about my exploits through a friend. He contacted me, and in one of his messages he wrote:

In techno there is a much vaunted style from Detroit called minimal techno. It is a very nuanced and structurally complex genre where all the excess is stripped away, and the essence of techno distilled into a sub-

lime and efficient minimal form. I was similarly seeking minimal game — cutting away the boring openers,¹ the bollocks and the hours of shite into something succinct and to the point. I think you can call your unique and devastatingly effective style of game — *minimal game!*

Not only was the title of the book inspired by Juice Terry, the initial impulse of writing it was, too. Up to that moment I had not considered distilling my experiences into a practical manual on seduction.

The final motivation to go through with this project was due to the overwhelmingly positive feedback I received after releasing a pamphlet with the title *Debunking the Seduction Community*, in which I dispel its myths and expose some businessmen in this scene for the charlatans they are. But because I didn't want to criticize this subculture without offering useful advice, I included an overview of seduction as I see it. This was only an afterthought, but it found a most welcome reception. *Minimal Game* is a greatly fleshed out and refined version of it.

Due to the development of this book, everyone I have acknowledged in *Sleazy Stories* could be mentioned here again. After all, *Minimal Game* is the basic instruction manual people were asking for, and without the former book the latter would have been impossible to write. Furthermore, I have been influenced by and have exchanged experiences with more people than there would be space to mention. A few of them prefer to stay out of the lime-light, but all of you know who you are.

Some people played an important role in various stages of the manuscript. My friend Karea took time off from seducing Latinas to peruse a draft. His input helped me a lot with the presentation of the ideas in the first four chapters, and he strongly argued

¹In the seduction community men don't just talk to women, they use various *openers*, which are elaborate and scripted stories intended to make the woman interested in you.

for not writing off shy girls too quickly in a latter section of the book. I was also lucky that Damien found some time to read a draft while taking breaks from manipulating financial markets with trading algorithms. Due to his feedback I have added more practical examples. Some very helpful suggestions came from A. P. Y., especially regarding the psychological hurdles less experienced men face. Furthermore, I was more than pleased that Juice Terry himself had a look at the manuscript as well. Two sections in the chapter on roadblocks resulted from his comments. Lastly, I thank Illuminatus for proof-reading the text before sending it off for publication. On a side note, it is worth mentioning that both Karea and Juice Terry were early members of the now defunct Mystery's Lounge, which is prominently featured in *The Game*. How times change!

I'm especially grateful for the inordinate amount of help I received from my editor Corley Atherton who therefore easily deserves to have his own paragraph. *Minimal Game* is our second collaboration, after *Debunking the Seduction Community*, and I hope it won't be our last. His contributions have made this book a much better work.

Introduction

Many guys assume that they have to find *that special girl*. But not only does such a girl not exist — it is only in their minds that they elevate some women to the status of superior human beings. This approach to dating might also lead to strange behaviors. A guy holding such beliefs can easily end up spending hundreds if not thousands of dollars on a girl and never make a move because he is too afraid to get rejected after all the hard work he has put in. Sadly, his imagined future sweetheart might one day tell him about *that great guy* she has met and wants to keep seeing. All hope is not lost, though, because I want you to become this great guy.

I will make you confident enough so that even if you don't want to go out into the world and have sex with dozens of girls, you will on the contrary also not settle for the first one that is willing to take you. This happens to too many guys and it also leads to rather unfulfilling relationships. If you don't know what those couples look like, then go to a park on a warm Sunday afternoon. It's the depressed fellow who is reluctantly pushing the baby carriage. His wife, on the other hand, is much happier. Not only has she found someone to fund her life, she also feels secure enough that she cheerfully put on 40 pounds in two years. Such is the plight of many men, and I want to spare you that.

What we do want instead are fulfilling sexual encounters and relationships with women we actually desire, and who make an effort themselves to keep the relationship healthy. The method I lay out in *Minimal Game* may sound rather direct and possibly even reck-

less, but it is a completely honest approach to dating. There is no place for lies and trickery in it, and we certainly won't entice women to do something they don't want to do. For this reason, I will not discuss the question of morals. If the idea of seducing women bothers you, then feel free to consult a priest for guidance and keep on celebrating your involuntary celibacy.

There are no obstacles to getting girls, and there is no secret behind it either. The mechanics behind seduction are in fact surprisingly simple, and the key insight is that *mate selection is the domain of the woman*. You possibly know some boisterous stud who loves to proclaim, after having had a few drinks too many, that he could get any girl he wants, but reality is far different. While some may argue that we humans are oh-so intelligent and thus don't behave like animals, there is no denying of human nature and sexual desires. You only have to play into them.

Given that women are the selectors, we can describe the problem and its solution in greater detail. While the woman has to be initially receptive to your advances, and will ultimately spread her legs for you, or not, it is only in rare cases that she makes the first step and approaches you. To remedy this issue, a guy has three main tasks, which is what this book mainly focuses on.

First, you have to maximize the potential interest you can get from women. This means improving your looks, and accepting your limitations. That your mother never dressed you well as a kid doesn't give you an excuse for still wearing the same clothes as back then. And please get rid of that boring haircut, too! Oh, and if you live in a town where there is a dearth of eligible women, then you may want to consider taking an occasional drive to the next big city or maybe even relocating.

The cold hard reality is that the better looking, the more popular or even famous, and the wealthier you are, the easier it will be for you to get girls. Those factors are, however, relative to your environment, which means that it might be worth considering whether you prefer to be a big fish in a small pond or a small fish in a big

pond. Fortunately, especially when it comes to looks, beauty is partially in the eye of the beholder. While there are some generally attractive traits, different kinds of girls like different kinds of guys. Somewhat of an exception is the *bad boy*. It is true that very individualistic guys get a lot of attention, and even though you might think it is too late for you to become a rockstar or an artist, you can nonetheless carve your own niche and be very successful in it. It can be as simple as choosing a particular scene and selectively attending events.

Second, once you are in a location where you can meet women, you have to quickly figure out which are interested in you, and which aren't. Unlike some mammals, the female *homo sapiens* sadly doesn't loudly advertise when she is in heat, so some nifty techniques are necessary. One of the assumptions of *Minimal Game* is that you value your time and therefore have an interest to quickly find out whether a woman is potentially interested in a sexual relationship of whatever kind. This also assumes that women size up men quickly, and about as quickly as men size up women. This is true. In fact, women who have choice among potential partners usually don't waste their time with men they don't find appealing, so you better not waste yours either.

Third, once you have narrowed down your selection, you have to seduce the ones that are interested in jumping your bone. Given proper preparation, this should be fairly easy. Yet, this is where a lot of men horribly fail. Not only do they have no clue about the previous two steps, they also believe that showing sexual interest is immoral. Therefore they wait for their woman of choice to make a move, but this may never happen.

Minimal Game is written for guys who want to learn how to get laid somewhat regularly, and not necessarily for those who feel destined to become modern Casanovas. Nonetheless, it is an excellent foundation if you are more interested in acquiring a great variety of sexual partners, instead of playing into the societal expectation of settling down with a woman as soon as possible. I'll merely give you the tools, but what you do with them is up to you.

Honest Truths

Finding the One

A man cannot afford to wait for love. But if you have watched too many Hollywood movies, you may think that there is someone special out there who was made just for you and who will complete you. This is a damaging idea, and it is a very old one. Its earliest reference is arguably in Plato's dialogue *The Symposium*, which was written about 2,400 years ago. While those writings might be edifying to the involuntarily celibate, they can be ruinous for your love life, because they are myths with no connection to reality.

On the other hand, a woman can to some degree afford to wait for the handsome prince on the unicorn. They get away with believing in those Disney fantasies because if they are reasonably attractive, or happen to stumble upon the occasional guy who is needy beyond hope, sooner or later someone will talk to them and eventually attempt to do the old in-and-out with them.

If you are not a girl, you have to make the first step. The bee has to come to the flower because the flower just won't go anywhere. This doesn't necessarily mean that you should go out and talk to every girl you see until you find one who doesn't immediately run for cover. Confident women usually show early on if they are interested in you, which is the angle of this book. I promise you that just by focussing on this subgroup of women, i.e. the ones that are potentially interested, your love life will improve dramatically and

be more varied than you ever thought possible.

Some have said to me that by telling guys to become proactive in the field of love I make it less special. I honestly have no idea what this is supposed to mean, and it is probably no coincidence that guys with such an opinion seem to hardly ever get laid. Just compare it to a different but similar situation that may be more familiar to you: If you want a certain job, you get the required qualifications. Then you apply at companies that are looking to hire people.

Similarly, if you are a guy who wants to get laid, you try to become as attractive as you possibly can before you hit on girls who are looking. Things will only happen if you make them happen, and the other person wants them to happen, too, anyway. Some really are just waiting for you. Thus, *Minimal Game* is not about manipulation at all, and I don't see how this approach could devalue sexual relationships.

If the thought of actively looking for girls turns you off, then I am sorry to inform you that there is no prize for chastity in this world. On your deathbed, no one will walk up to you and say, "Thank you for spending your life in a cubicle and for not trying to get laid." Your boss will not thank you for your thousands of hours of unpaid overtime, and no priest will praise you for your celibacy. If anything, people on the deathbed wish that they had spent less time at work or any other duty they thought they had to fulfill, and done more of what they really enjoyed. And by the way, The Man will surely not thank you for your loyalty and all your sacrifices either. So, maybe you should start following your desires instead.

What Women Want

Men who have not enjoyed a lot of success with women often harbor resentments. However, women are not out there to lead you on and turn you down. Despite what you might believe, not